Pre-Roommate/Suitemate Agreement Worksheet

This worksheet is meant to help prepare you for collaborating with your roommate/suitemate(s) to create a Roommate/Suitemate Agreement. A Roommate/Suitemate Agreement is a living document that lists out a collection of agreed upon standards that all members of a shared living space agree to abide by. The Roommate/Suitemate Agreement is a living document because as time passes, you and your roommate/suitemates may realize that your needs have evolved, just as your relationship does.

Directions:

Complete the first section of this worksheet on your own prior to completing your roommate agreement. Take time to think forward and be honest. You will be meeting with your RA and your roommate to create your roommate agreement and this document will help you think about things prior to creating that agreement. The second section is to prompt discussion between you and your roommate prior to completing your roommate agreement.

Section 1- Personal Reflection

Personal Belongings

How do I feel about sharing my personal belongings? What is it always okay for my roommate/suitemates to use? What is it never okay to use? What items do I need my roommate/suitemate to ask me about first before using?

- Music/Speakers
- Computer/Tablet
- Printer
- TV/DVD/Streaming Device
- Gaming Consoles & Accessories
- Cleaning supplies
- Clothing

- Food
- School/Office Supplies
- Bed
- Toiletries/Grooming/Medical supplies
- Small appliances (coffee maker, hair styling tools, etc...)
- Other: ______________________

Cleanliness & Room Climate

How important is cleanliness to me?

If I say my space is clean, that means I have completed the following tasks (ex. Swept floors, wiped down counters, all dishes washed):

How often do I think the space should be cleaned?

How do I think the responsibility for cleaning be shared?

How often do I think should be trash/recycling be taken out?

What is my ideal room temperature?

Sleeping Patterns

Am I most energetic and productive in the morning or at night?
What is my typical sleep schedule (bedtime/wake time)?
Is my sleep schedule different on the weekends?
Do I need multiple alarms to wake up, or do I wake naturally?
Can I sleep while someone is using the computer, talking, watching TV/music, or playing games?
Can I sleep with the lights on, or do I need complete darkness?

Study/Quiet Time
What kind of environment am I the most productive in?
What is my learning style (visual, auditory, etc...)
When do I do most of my studying?
Am I easily distracted by talking, music, guests, etc... while studying?

Communication
What is the best way to approach me about an issue or concern in the room?
Is there anything that I am not comfortable being asked about?
What is my first step if I would like to address an issue or concern in the room?
What are some signs that I would like to be left alone?

Miscellaneous
I think it is important for someone living with me to know that I:
Some of my pet peeves include:
Some of my quirks include:
I think it is also important to discuss:__________________ with the person(s) I am living with
Section 2- Getting To Know Each Other

Take turns responding to the prompts before moving to the next

**About my history, family, cultural and ethnic background**

- What I would like to tell you about my family...
- How my best friend would describe me...
- The way I characterize my neighborhood, my city or town, and the diversity of people who live there...
- The extent to which I have been exposed to people from other countries and/or cultures...
- The type of ethnic food or home cooking I enjoy...
- What I was most involved in before coming to college (high school, religious, or community activities)...
- What I miss most while being away from home...
- What I miss least about being away from home...
- How often I plan to go home...
- The funniest or most embarrassing thing that ever happened to me in high school...

**Some things about my personal and social style**

- What I am like when I’m in a good mood...
- What I am like when I’m in a bad mood...
- How easy or difficult it is for me to let people know what I am feeling...
- Something that will usually cheer me up when I am feeling down...
- What I am like when I first meet someone who is really different from me...
- Times that I prefer to be left alone...
- Something that can make me tense or uneasy...
- Something that is likely to annoy me...
- My idea of relaxing is...
- How easy or difficult it is for me to make friends...

**Some things that I need to know about my roommate...**

- The grades that I hope to earn and how important they are to me...
- What is noisy to me...
- How much sleep I like to get and the time I like to sleep...
- How late I usually sleep when I don’t have class...
- How I feel about alcohol and other drugs...
- How important it is for me to have my room neat and clean...
- What things it’s okay for you to borrow or use...
- What things I prefer not to lend or be used...
- How I feel about having men/women in the room and/or significant others staying over...
- How I feel physical intimacy (kissing, petting, sex, etc.) occurring in our room...
- The kind of music I like best...
- What I like to watch on television...
- What my daily schedule looks like...
- Something unique about me...

**Final Reflection Questions...**

- It appears to me that an important similarity between us might be...
- I think an important difference between us is...
- I think we might have to compromise on...
- I think something I came to realize more clearly about myself in this discussion is...
- One thing I believe that I can learn from living with you is...